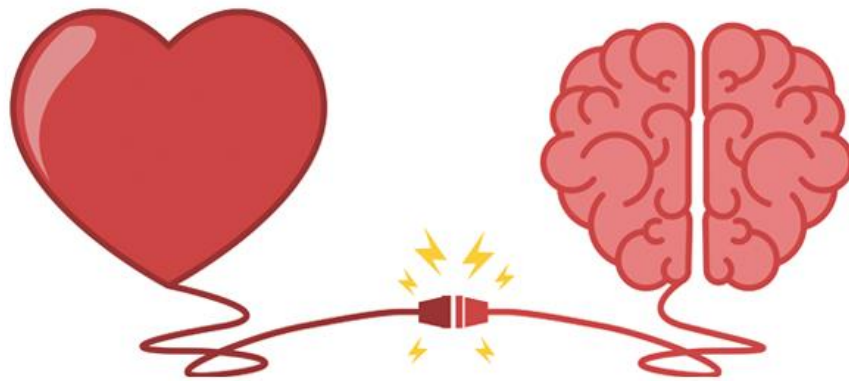


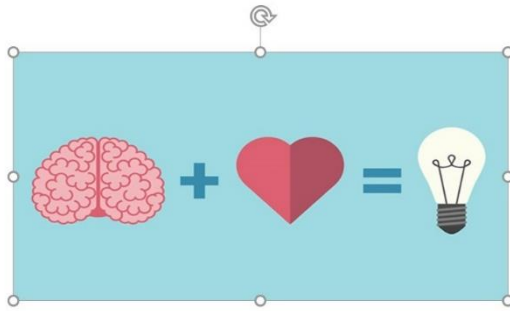
“College Is The Best Time Of Your Life”

- Lakshimi Dhevi

[www.soulfied.com](http://www.soulfied.com)



*see the good*



**EMOTIONAL INTELLIGENCE**

EI Plays an Important role in every peoples in life both professional and personal .

It helps people to understand

**WHAT TO SAY?  
HOW TO SAY?  
WHOM TO SAY?**

**“UNDERSTNDING AND MANAGING YOUR EMOTIONS”**



*EQ is responsible for*

**58%**  
*of your job performance*





## TOO CUT LONG STORY SHORT

- \*Experience Feelings- **Respond Don't React**
- \* Accept your emotions- **Don't Judge It**
- \*Identify Emotional Reaction-**TRIGGERS**
- \*Remove Yourself from the **Situation**
- \*Revisit your **Values** and act accordingly
- \*Have Different Point Of View-**Birds Eye View**
- \*Ask More **Questions**
- \*Learn More by doing **New things**
- \*Get acquainted with **New people**
- \*Observe your attitude towards challenges- **STRESS**
- \*BUILT **HUGE** Amount OF **Empathy**  
"Finally!!! **JUST SLOW DOWN**"

TAKE CARE



OF YOURSELF

***We don't fear failure , its that we fear what people will think of us if we fail...***



**WORK ON SELF LOVE & EMOTIONAL INTELLIGENCE**

**Keep Doing New Things**

**Technology is the Key**

**Online is Brain**

**Learning is Heart**

**Being Optimistic is Life**

**Search for Opportunities in everything**

**Right Attitude**

*it's  
you.*  
(AND NO ONE ELSE)

# SCOPE

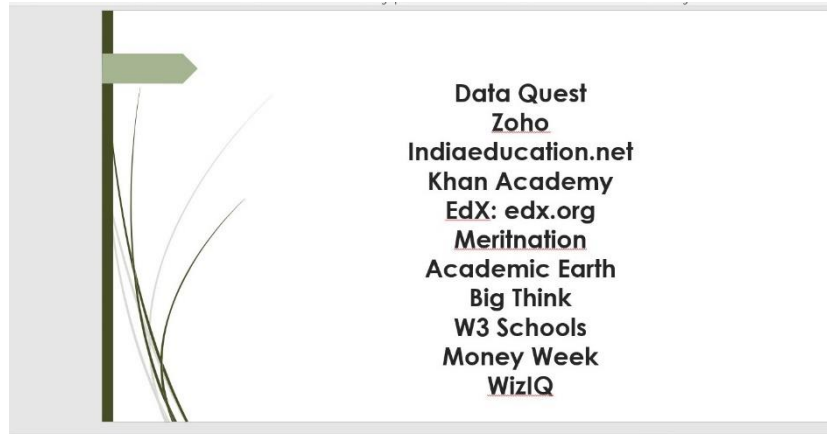


**IN FUTURE**  
Online Education  
Insurance  
Farming & Organic  
Logistics  
Healthcare  
Manufacturing  
E-commerce  
Digital Marketing & Sales  
Finance and Economics  
Robotics  
Digital Payments  
All type of Content development and creations  
IT/Applications/Softwares/Cloud Computing

## Online Learning Platform



Skill Share  
LinkedIn Learning  
Udemy  
Coursera  
Treehouse  
Unacademy  
Codecademy  
BYJU's  
Dexler Education  
Educomp Solutions  
IGNOU  
NIIT  
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*ALL THE BEST!!!  
KEEP GROWING...*

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